



Seattle Squash

Winter League 2026-27

Captains Meeting ~ Oct 12, 2026
7pm at SAC Downtown or online



league@seattlesquash.com

Tonight's Agenda

7:00pm at SAC Downtown | Online option available



SEATTLE SQUASH WINTER LEAGUE | A Guide for Captains and Teams

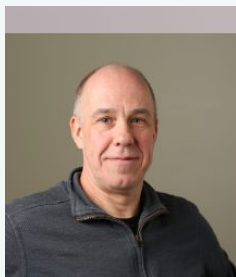


-  Introductions
-  Season at a Glance
-  League Structure & Juniors
-  Club Protocols
-  Sportsmanship & Code of Conduct
-  Going Digital: Fire Tablets
-  Subs & Playoffs
-  Captain's Responsibilities
-  Squash Balls & Resources

Introductions | Meet the Seattle Squash league administrators



**Peter
Gregory**



**Totte
Karlsson**



**Andy
Stearns**

We're all volunteers, running the league in our spare time and doing our best.

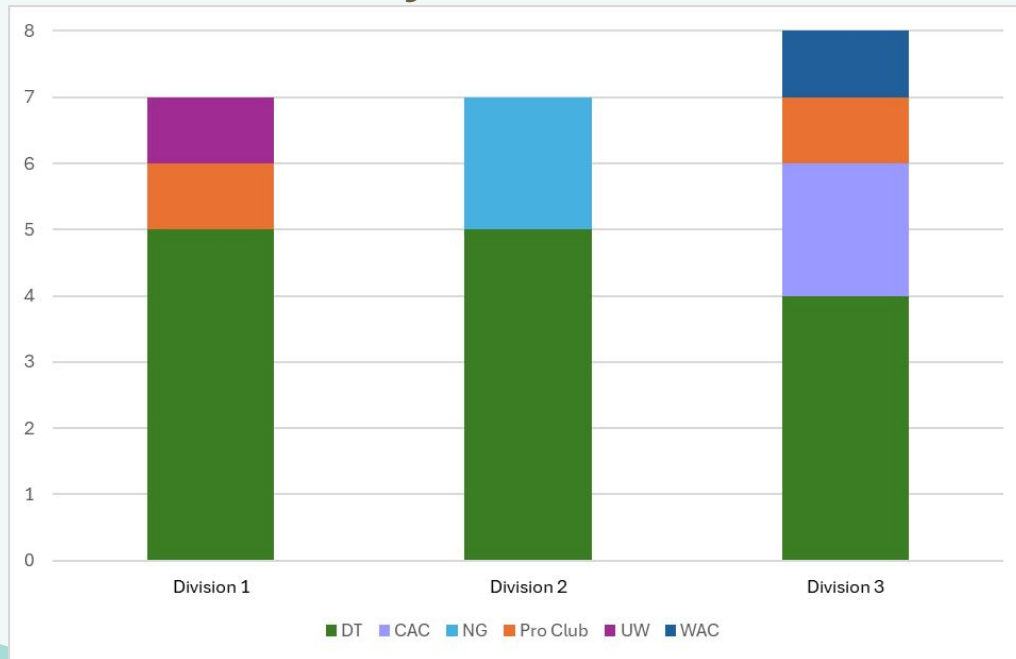
We can be reached anytime at league@seattlesquash.com

Introductions | Tell us who you are!

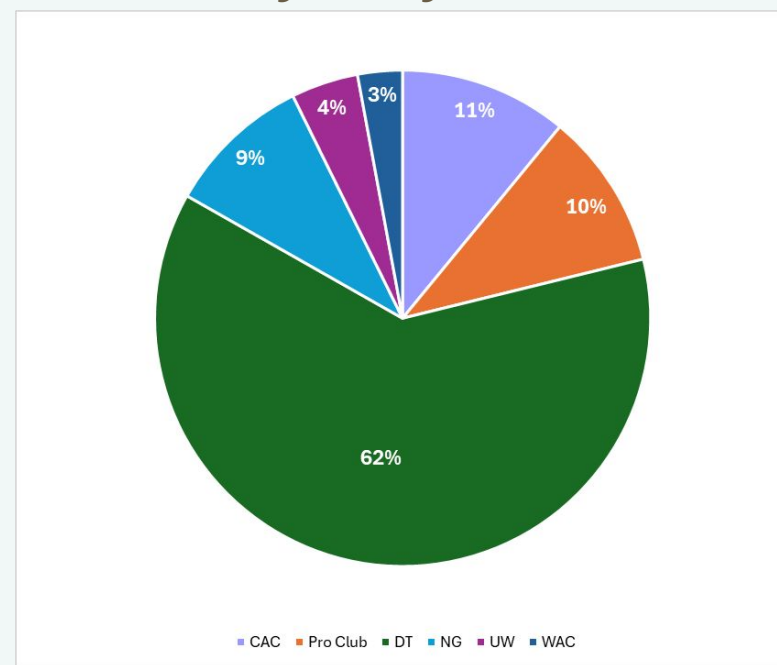
- Name
- Team/Division
- Home Club

2025-26 League At a Glance | 140 Players, 22 Teams, 3 Divisions (**projection for 24 teams in '26-27)

Teams by Division & Club



Players by Club



Season at a Glance | Oct 20 to Mar 30

Regular season

Oct 20 & 23	Season kicks off
Oct 30	No matches: Freeze watch party at SAC DT
Nov 24 & 27	No matches: Thanksgiving
Dec 22–Jan 1	No matches: winter break
Feb 2 & 5	No league: Freeze tournament
Feb 16 & 19	No matches: mid-winter break

Playoffs

Tue Mar 16	Semifinals
Fri Mar 19	3rd/4th place matches
Mar 20 to 27	No matches: UW spring break
Tue Mar 30	Finals

League nights are Tuesdays and Fridays. More events to be announced.

This Season's Focus | What we'll dig into tonight

League Structure

- *Division thresholds and format*
- *Juniors in the league*

Club Protocols

- Every host club's rules apply
- Captains answer for their team

Sportsmanship

- Respect players and referees
- US Squash Code of Conduct

Going Digital

- Fire tablets for scoring
- Less paper, fewer missing results

League Structure | The ratings thresholds for all divisions

- Division 1 $\approx$ 4.6+
 - Division 2 $\approx$ 4.0 - 4.6
 - Division 3 $\approx$ 4.0 and below
- *The thresholds enabled D1 to go back to 4v4 format*

- Other Notes:
 - Updated Annually
 - 2026-2027 Levels Based on Data from Previous Season
 - Exemptions
 - 1.50 players

Juniors | Welcome, with a few requirements

Before a junior plays

- Signed junior waiver on file
- Junior onboarding presentation and quiz completed
- Active US Squash membership, like every player

On match night

- No minors (age < 18) allowed at UW IMA squash facility
- A responsible adult accompanies every junior
- Juniors follow each host club's rules, same as adults
- Playing in an adult league is a privilege, not a right

Club Protocols | Protocols for each of our host clubs

SAC DT

- Guests sign in as playing in “squash league” at front desk
- Must leave driver's' license at Front Desk
- Courts 6,7,8,4,5,G @630 PM

SAC NG

- Provide guest list in advance to NG team captains
- 630 PM start on courts 2,3

PRO Club

- Provide guest list in advance to PRO Club team captains
- Probable 7:30 PM start

UW

- Two weeks in advance: Provide guest list to UW team captains
- No minors < 18 years of age

WAC

- Guests sign in as playing in “squash league” at front desk
- Bar available to guests (no athletic dress in bar)

CAC

- Guests sign in as playing in “squash league” at front desk

Club Protocols | Please respect the wishes of all clubs

Protocols for ALL Clubs

- As captain, you are responsible for your teammates
- Be the one who picks up after each other
- Comply with each club's policies re: guests, usage, alcohol, etc.
- Follow the U.S. Squash Code of Conduct with play, refereeing, and spectating
- Do not reserve courts on match days for playing/warming up
- *ABSOLUTELY NO RESCHEDULING OF MATCHES OR PLAY OUTSIDE OF NORMALLY SCHEDULED MATCHES WITHOUT CLUB AND SSRA PERMISSION*

Sportsmanship | Respect players and referees

The US Squash Code of Conduct applies to every league match

- Respect your opponent, win or lose
- **Accept the referee's call: ask politely, then play on**
 - **Team members, spectators, and parents are PROHIBITED from influencing the referee**
- Referee other matches fairly and pay attention
- Each team is responsible for reffing 2 matches per night
- Co-refing is encouraged when agreeable by each team
- No abusive language, racquet abuse or arguing on court
- Captains set the tone: **raise problems with the league, not on court**

Going Digital | Fire tablets for scoring

What changes

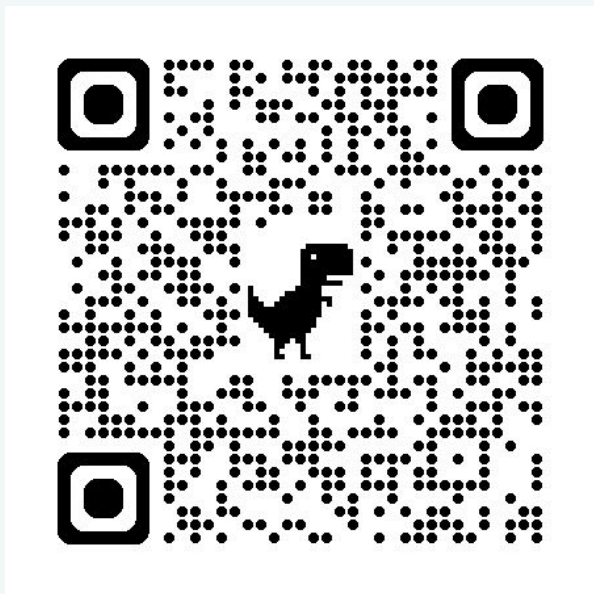
- Fire tablets replace paper scoresheets (pilot program at SAC-DT)
- Fewer lost or late results
- League considering double-default results when scores aren't entered into ClubLocker within 48 hours of match

What we need from captains

- Learn the scoring app before your first match
- Show your players and markers how to use it
- Tablet missing or not working? Email league@seattlesquash.com

ClubLocker Scoring App

https://api.ussquash.com/static/scoring_app/



From your device: your own CL account should work

From Fire Tablets: user seattlesquash should be selected

Substitute Policy | Goal = no forfeits, more inclusion

Why Subs?

- NO RESCHEDULES!!!!
- Busy people play squash
- Full lineups = More Fun

Sub Pool Resource

- Use WhatsApp sub lists
- Want to make it easy for All

KEY POINTS

- Subs must play “up”, use the list
- Subs can't play twice and can't participate in playoffs

FAQ

- See the rulebook!
- [SeattleSquash Winter League](#)

Playoffs | We've returned playoffs to the usual format

- **Format**

- top 4 from each division advance to Semifinals (higher seed hosts)

- **Schedule**

- SEMIFINALS: Tuesday, Mar 16, 2027 @ higher seed hosts
- 3RD/4TH PLACE: Friday, Mar 19, 2027
- FINALS: Tuesday, Mar 30, 2027 @ SAC DT
- End of season party: To follow FINALS, date and location tbd
- *Reminder: Playoffs cannot be rescheduled*

Tiebreaker Rule

If two or more teams are tied in the standings (total points) upon the conclusion of the regular season, a differential-based, tie breaking formula will be applied.

Please refer to the Rule Book for the full version of this rule.

Captain's Responsibilities | What you can do to make this season a success

- **League rules:** familiarize yourself with the updated rules
- **Entry fee:** pay your team's entry fee if you haven't already
- **Membership:** Ensure your players are active US Squash members
- **Junior Waiver:** Ensure any junior players have a waiver on file
- **Match results:** Enter match results on time in line with the rules
 - ◆ BONUS POINTS: ClubLocker has new feature; should be entered automatically
- **Fire tablets:** learn the scoring app and show your players how it works
- **Sportsmanship:** set the tone for your team, on and off the court
- **T-Shirts:** Ensure your players enter shirt sizes into Clublocker

Find these resources and more on the [Seattle Squash website](#)

Players w/o Teams | Contact them!!

- https://docs.google.com/spreadsheets/d/1yHbxibxqhW4kwM4eqIUiTMI1DBft_qsXN_ZbLrfNCxQ/edit?gid=0#gid=0
- **D3**
 - ~~Samit Kapadia~~
 - Sydney Nemphos
 - ~~Alex Muld~~
 - Colin Gedney
 - Christian Belcher
 - Vivian Gaddis
 - Mahathi

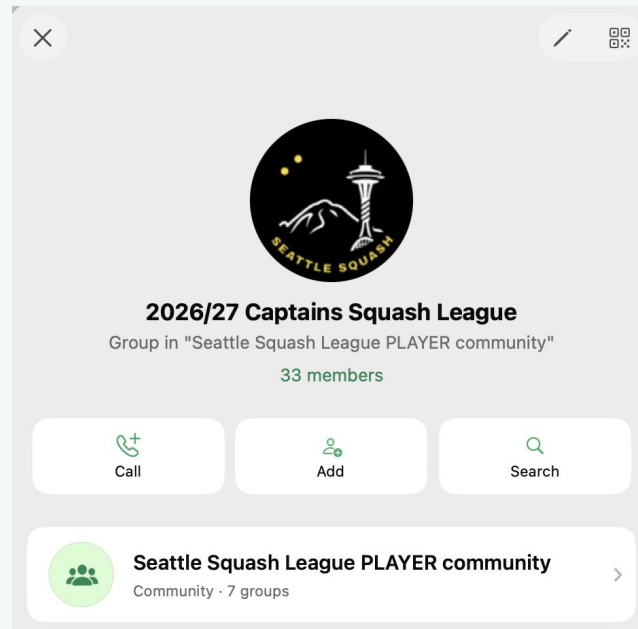
Squash Balls

- We have 50+ cases of Dunlop Double Dot Squash Balls
- Two cases will be distributed to each captain
- On match day, each team is responsible for providing ONE ball for play that evening
- White balls for Glass Court play will be given out accordingly

Need squash balls? Email league@seattlesquash.com

Links and Resources | To be updated

- [SSRA Website](#)
- [Winter League Rules](#)
- [Clublocker page for League](#)
- [Clublocker scoring app](#)
- [Junior Waiver](#)
- WhatsApp groups
 - Captain Group
 - SubLsit_Seattle Squash
 - <https://chat.whatsapp.com/ENWYISsxqjbCCI6SHmWLXZ?mode=gi t>



We can be reached anytime at league@seattlesquash.com

Thank You | We're volunteers doing our best

Peter, Andy and Totte run the league in our spare time

- We'll make mistakes, and we'll fix them as fast as we can
- Patience and a friendly email or message go a long way
- Questions anytime: league@seattlesquash.com

